



## Pediatric and Adolescent Medicine Routine Health Care Schedule

Your child's checkups and immunizations are very important. The chart below summarizes our routine care schedule. At these visits we will perform a complete physical exam, evaluate growth and development, and discuss diet, bowel habits, sleep, school and behavior issues, as well as any concerns you may have. We will also review age-appropriate preventive care. Many of these things cannot be done during a sick visit, so please remember that your child needs checkups even if you seem to be in the office all the time.

Routine physical examinations should be scheduled up to eight weeks in advance, especially during summer months when there is a higher demand for school and camp physicals. It is wise to schedule your child's yearly exam near his or her birthday. Please bring any school or camp forms with you on the day of your child's physical.

As your children enter adolescence, we will encourage them to begin assuming responsibility for their health maintenance. We will often perform part of the interview and the examination with the parents out of the exam room. A chaperone is available upon request. It is most helpful if we know of your concerns, if any, in advance. We will maintain confidentiality regarding our discussions with adolescent patients. We encourage you to maintain open communication with your adolescent.

Visit	Care	DTaP	Hep A	Hep B	Hib	IPV	MCV-4	MMR	PCV-13	Tdap	HPV	VZV	Rotavirus
Newborn	Hospital visit			1									
3 -5 days													
2 weeks													
2 months		1		2	1	1			1				1
4 months		2			2	2			2				2
6 months		3			3				3				3
9 months													
12 months	Blood test for anemia & lead; TB test if indicated		1	3		3			1	4		1	
15 months		4			4								
18 months													
2 years	Lead Screen		2										
3 years	Hearing & Vision screens begin Lead screen												
4-6 years	Yearly checkups Lead screen, TB test if indicated	5				4		2				2	
7-11 years	Yearly checkups												
Over 11 years	Yearly checkups						1			1	1 series of 3		

**Please note that the vaccination schedule may change from time to time as new vaccines are developed and we learn more about the ones currently in use.**

Great websites to learn more about vaccines and/or access the Vaccine Information Sheets:  
[www.immunize.org](http://www.immunize.org) / [www.cdc.gov](http://www.cdc.gov) / [www.vaccine.chop.edu](http://www.vaccine.chop.edu)