



## **NEWS RELEASE**

**For Immediate Release**

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### **Gateway Asthma & Allergy Relief Announces Free Asthma Screenings with Dr. Rabya Mian**

**St. Louis, MO (October 21, 2009)** – As a member of Gateway Asthma & Allergy Relief, Dr. Rabya Mian is offering free asthma screenings for children and adults on Saturday, November 14, 2009. Dr. Mian specializes and is board certified in both pediatric and adult allergy and immunology as well as internal medicine. If you are having trouble breathing, have a nagging cough or are wheezing, call today for an appointment with Dr. Mian. The event will run from 1:00 to 4:00 p.m. and will be held at Dr. Mian's office, which is located at 9979 Winghaven Boulevard, Suite 206, in O'Fallon, Mo. To make an appointment, please call (636) 561-5707.

Sponsored by Esse Health and Gateway Asthma & Allergy Relief, this event aims to raise awareness about the importance of early detection and effective treatment of asthma. At the asthma screening event, information about treatment options and educational material will be provided. For more information, please visit [www.essehealth.com](http://www.essehealth.com).

Dr. Mian completed her internal medicine residency training at St. Luke's Hospital in 2004 and an allergy and immunology fellowship at Washington University School of

Medicine in 2008. She is also a member of the American College of Allergy, Asthma and Immunology and the American Academy of Allergy, Asthma and Immunology.

**About Esse Health:**

Esse Health is a St. Louis-based physician group that has managed the health care needs of St. Louis area patients since 1996. Esse is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, please visit [www.essehealth.com](http://www.essehealth.com).

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