



## **NEWS RELEASE**

**For Immediate Release**

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### **American Diabetes Association Honors Esse Health Physician with President's Award**

**St. Louis, MO (November 12, 2009)** – The St. Louis Leadership Board of the American Diabetes Association (ADA) honored Esse Health Physician Dr. Kathleen Brunts with the President's Award. This award reflects Dr. Brunts' continuing leadership for ADA's Step Out: Walk to Fight Diabetes, her involvement in the ADA speaker's bureau and her passion for helping people with diabetes.

In addition to her dedication to the American Diabetes Association, Dr. Brunts also leads the Esse Health Diabetes Disease Management Program. This program was designed to give diabetic patients and their physicians the tools they need to successfully manage their diabetes. Dr. Brunts has been recognized by the National Committee for Quality Assurance (NCQA) and the American Diabetes Association. NCQA, in partnership with ADA, developed the Diabetes Recognition Program to acknowledge clinicians who meet standards demonstrating high quality care for diabetic patients.

#### **About Esse Health:**

Esse Health is a St. Louis-based physician group that has managed the health care needs of St. Louis area patients since 1996. Esse is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, please visit [www.essehealth.com](http://www.essehealth.com).

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