



FOR IMMEDIATE RELEASE

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FOR MORE INFO: Claire Leffler, cleffler@essehealth.com or 314.851.1053

NEWS RELEASE

Esse Health's Director of Clinical Programs Earns Doctorate

ST. LOUIS – Esse Health's Director of Clinical Programs, [Carla Moore Beckerle, ANP, BC](#), recently earned her Doctor of Nursing Practice (DNP) from St. Louis University School of Nursing, where she previously received her bachelor's and master's degrees in nursing.

The Doctor of Nursing Practice is a practice-focused doctoral degree that educates nurses to become expert clinicians, leaders in health policy and catalysts for improved health care delivery within an interprofessional environment. DNP-prepared professionals provide evidence-based interventions and best practices to support individuals, families and populations, and develop systems of care, based on research utilization.



As the independent physician group's Director of Clinical Programs, Beckerle oversees the company's home health, skilled nursing facility and hospital case managers, dietitians, intensive outpatient care program case managers, and wellness manager. She also works as a nurse practitioner at the Esse Health Florissant Internal Medicine office once a week. Beckerle also assists and visits with patients that are part of Esse Health's C.A.R.E. Program.

In 2010, Beckerle was selected as one of the St. Louis Business Journal's Health Care Heroes in the nurse category. Beckerle is a member of the Diabetes Coalition, addressing access to diabetes education and a board member of the St. Louis Advanced Practice Group. For the second year in a row, she is chair of the logistics committee of the American Diabetes Association's St. Louis Step Out Walk. She also serves as a Preceptor for Advanced Practice Nursing students and remains involved in the Missouri Political Action Committee for Advanced Practice Nurses. She received her Adult Nurse Practitioner certificate from Jewish College of Allied Health.

Esse Health is an independent, St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 31 locations throughout the St. Louis and Metro East area, Esse Health's services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics, radiology and urology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit www.essehealth.com.