

## FOR IMMEDIATE RELEASE DATE: Aug. 13 FOR MORE INFO: Claire ( cooldfa

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## Jamie Daerda Named President of NHRA-St. Louis

ST. LOUIS – Jamie Daerda, human resources director, Esse Health, has been elected president of the St. Louis Affiliate of the National Human Resources Association. Daerda took over the role on July 1 and will be recognized at the Summer Connections Networking Event on Aug. 12.

Daerda will preside over all affiliate meetings and attend all national board meetings as chapter representative. In addition, Daerda is responsible for coordinating all chapter activities and programs, as well as appointing nonelected directors and committee chairpersons. A graduate of Webster University's undergraduate program, Daerda currently is finishing up her master's in human resource management from the university.

The NHRA focuses on advancing the development and professional growth of human resource practitioners. Founded in 1951, the organization provides networking forums and leadership programs for members to develop and discuss their careers and strategies. The St. Louis chapter has 134 current members in the organization.

## About Esse Health:

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health's services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics and radiology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit <u>www.essehealth.com</u>.