



Living Well Newsletter

A monthly e-publication provided by Esse Health

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As 2017 comes to a close, we would like to say thank you. Thank you for choosing Esse Health for all of your health needs. We greatly enjoy serving you and look forward to helping you achieve your health goals of 2018.

On behalf of all of us at Esse Health, we want to wish you Happy Holidays and a healthy New Year!

Esse Health Welcomes New Physicians

We are pleased to announce the addition of [Dr. Alan Padua](#), and [Dr. Jaime Santos](#) to the organization. They will practice at the new Esse Health Primary Care Partners office located at 13303 Tesson Ferry Rd, Suite 100 in St. Louis.



They have an interest in adult and geriatric care, as well as preventive care. Both physicians are recognized by the NCQA for patient care in diabetes, heart disease, and stroke. Appointments can be made by calling 314.722.4741.

Esse Health Welcomes New Physician

We are please to announce the addition of [Dr. Victoria Jansen](#). Dr. Jansen is seeing patients at the Swansea Internal Medicine office located at 4 Park Place in Illinois.

Born and raised in Southern Illinois, Dr. Jansen is board certified in both Internal Medicine and Pediatrics. She has been practicing medicine in a primary care setting for over 16 years and has a special interest in preventive medicine. Dr. Jansen has been recognized by the NCQA for patient care in diabetes, heart disease and stroke.

Dr. Jansen joins board certified physicians Deborah McDermott, M.D. and John English, M.D. Appointments with Dr. Jansen can be made by calling 618.277.7500.



New Esse Health Pediatric Housecalls Podcasts Available

Searching for the answer to a question about your child? Look no further! Esse Health Pediatric Housecalls has the answers. Join us each week as our board certified pediatricians discuss important topics and answer everyday questions. Click [here](#) to learn how you can listen to an episode today!



Upcoming Events

Mark Your Calendars!

Save the date for these upcoming events and visit our [Calendar of Events](#) for details!

Ongoing: Taking Care of Diabetes classes.



Providing health care to patients at 41 convenient locations across the St. Louis Metro area.

CONNECT WITH US!



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