



FOR IMMEDIATE RELEASE

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NEWS RELEASE

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## Esse Health Welcomes Benedicte Kramer as Director of Operations

ST. LOUIS – Independent physician group [Esse Health](http://EsseHealth.com) welcomes Benedicte K. Kramer as its Director of Operations. Michael Castellano, CEO, made the announcement.

Kramer brings more than 18 years of health care experience, including time spent in a leadership role at SSM Health Care as Director of Physician and Business Development. She most recently joins Esse Health from Professional Imaging in St. Louis. Kramer holds a master's degree in health administration from Washington University in St. Louis and is a Certified Healthcare Executive through the American College of Healthcare Executives.



"I look forward to assisting our medical providers and employees in providing high quality care and service and increasing patient satisfaction even more," said Kramer. "I hope to provide positive and supportive leadership in a health care organization committed to excellence."

Esse Health is an independent, St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 32 locations throughout the St. Louis and Metro East area, Esse Health's services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics, radiology and urology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit [www.essehealth.com](http://www.essehealth.com).