

FOR IMMEDIATE RELEASE

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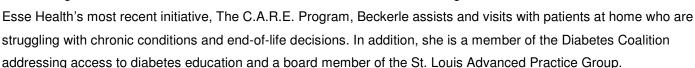
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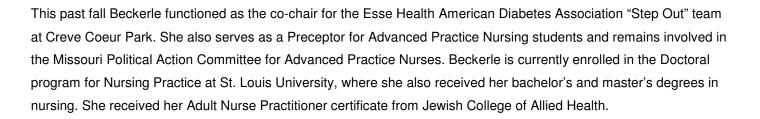
Esse Health Director of Clinical Programs Named Health Care Hero

ST. LOUIS – Carla Moore Beckerle, MSN, ANP, BC, nurse practitioner, Esse Health, has been selected as one of the St. Louis Business Journal's 2010 Health Care Heroes in the nurse category. The announcement was made on Thursday.

"Carla's commitment to providing quality care to her patients and her passion to educate those living with chronic illnesses is unwavering," said Dr. John Rice, chief medical officer of Esse Health. "Whether serving on a medical mission trip or performing in-home visits, Carla embodies Esse Health's core values and makes it her mission to deliver on those expectations every day."

Beckerle is a member of the Esse Health Diabetes Initiative Group and serves on the steering committee for Evidence Based Practice in Diabetes Care. Through





About Esse Health:

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health's services include asthma, allergy and immunology, family medicine, internal medicine, nutrition,

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pediatrics and radiology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit www.essehealth.com.