



FOR IMMEDIATE RELEASE

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NEWS RELEASE

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## Esse Health Director of Clinical Programs Named Health Care Hero

ST. LOUIS – Carla Moore Beckerle, MSN, ANP, BC, nurse practitioner, Esse Health, has been selected as one of the St. Louis Business Journal's 2010 Health Care Heroes in the nurse category. The announcement was made on Thursday.

"Carla's commitment to providing quality care to her patients and her passion to educate those living with chronic illnesses is unwavering," said Dr. John Rice, chief medical officer of Esse Health. "Whether serving on a medical mission trip or performing in-home visits, Carla embodies Esse Health's core values and makes it her mission to deliver on those expectations every day."



Beckerle is a member of the Esse Health Diabetes Initiative Group and serves on the steering committee for Evidence Based Practice in Diabetes Care. Through Esse Health's most recent initiative, The C.A.R.E. Program, Beckerle assists and visits with patients at home who are struggling with chronic conditions and end-of-life decisions. In addition, she is a member of the Diabetes Coalition addressing access to diabetes education and a board member of the St. Louis Advanced Practice Group.

This past fall Beckerle functioned as the co-chair for the Esse Health American Diabetes Association "Step Out" team at Creve Coeur Park. She also serves as a Preceptor for Advanced Practice Nursing students and remains involved in the Missouri Political Action Committee for Advanced Practice Nurses. Beckerle is currently enrolled in the Doctoral program for Nursing Practice at St. Louis University, where she also received her bachelor's and master's degrees in nursing. She received her Adult Nurse Practitioner certificate from Jewish College of Allied Health.

### About Esse Health:

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health's services include asthma, allergy and immunology, family medicine, internal medicine, nutrition,

pediatrics and radiology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit [www.essehealth.com](http://www.essehealth.com).