



# Living Well Newsletter

A monthly e-publication provided by Esse Health

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## June is National Safety Month

June is National Safety Month. With the 4th of July right around the corner it's important to be safe when using fireworks. Click [here](#) for safety tips from the National Council on Firework Safety.

## Quality Standards

At Esse Health, We Want You Well! We also want you to have a great patient experience. By comparing our quality performance against national guidelines, we can make sure our patients receive the best care and have the best patient experience possible. Click [here](#) to see how our offices are performing.

## Dr. Susan Colbert-Threats

It is with great sadness and a heavy heart that we inform you about the passing of our friend and colleague, Esse Health physician, Dr. Susan Colbert-Threats. She will be greatly missed. Click [here](#) to learn more about Dr. Susan Colbert-Threats and her many achievements.





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## New Esse Health Pediatric Housecalls Podcasts Now Available

Searching for the answer to a question about your child? Look no further! Esse Health Pediatric Housecalls has the answers. Join us as our board certified pediatricians discuss important topics and answer everyday questions. Click [here](#) to learn how you can listen to an episode today! Did you like a podcast or do you have suggestions for future podcasts? Go to our [Facebook](#) page and let us know what you think!



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## Text Message Appointment Reminders

We now offer text message appointment reminders! Patients who have a cell phone listed will receive a text reminder one day before their scheduled appointment. This is in addition to the call received 48 hours in advance.



## Upcoming Events

Mark Your Calendars!

Save the date for these upcoming events and visit our [Calendar of Events](#) for details!

**Ongoing:** Taking Care of Diabetes classes



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*Providing health care to patients at 40 convenient locations across the St. Louis Metro area.*

## CONNECT WITH US!



[www.essehealth.com](http://www.essehealth.com)

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