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NEWS RELEASE

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Three Esse Health Physicians Achieve Recognition in the Diabetes Recognition Program

ST. LOUIS – Esse Health is proud to announce that three more of its physicians, Dr. Irwin Plisco, Dr. Carol Robinson and Dr. Stanley Vriezelaar, have been awarded Recognition by the National Committee for Quality Assurance and the American Diabetes Association in the Diabetes Recognition Program. Esse Health now has 25 physicians with this recognition. (For photos and bios of the physicians, visit www.essehealth.com.)

NCQA, in partnership with the American Diabetes Association, developed the Diabetes Recognition Program to recognize clinicians who have met standards demonstrating delivery of high-quality care to patients with diabetes. Clinicians who achieve DRP Recognition show their peers, patients and others in the diabetes community that they are part of an elite group that is publicly recognized for its skill in providing the highest-level diabetes care. Esse Health recently launched a free "Taking Care of Diabetes" Program at its various locations.

Plisco is an internal medicine physician with offices in Florissant and St. Charles. He is a graduate of the American University of the Caribbean and also is a licensed pharmacist.

A graduate of the University of Missouri in Columbia, Mo., Robinson practices internal medicine at Esse Health's office in Webster Groves.

Vriezelaar began practicing internal medicine in 1987 after graduating from the University of Iowa Medical School. He practices at Esse Health's Richmond Heights office.

About Esse Health:

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health's services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics and radiology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit www.essehealth.com.