



EGD / ERCP

Per our conversation, you are scheduled to have an examination of your upper GI tract. Details are as follows:

Date: Location:

Arrival time: Procedure time:

PLEASE NOTE:

If you are having an ERCP, please be prepared to spend the night if needed. If you are having a gastroscopy expect to be there for at least 3 hours. Disregard instructions from the hospital to arrive there at any time other than stated above.

We make every effort to be on time, however emergencies do occur. Please accept our apologies if this causes you any inconvenience.

PREP consists of:

- If you are scheduled in the morning, you may have nothing to eat or drink after midnight the evening before your procedure.
- If you are scheduled after 12:30pm, you may have 4 OZ of clear liquids prior to 8:30AM the morning of your procedure.

SPECIAL INSTRUCTIONS:

- If you have diabetes, please alter your medication as follows
 - No ORAL medication or Insulin on the morning of your procedure.
 - If you wear an insulin pump, please contact your endocrinologist for instruction on your dose.
- You may take your heart/blood pressure medication with a small sip of water the morning of your procedure.
- If you are on blood thinner (Coumadin/Warfarin/Prodaxa/Xarelto) do not take it for 3 days prior to your scheduled exam. Please call the doctor who prescribed this medication for approval to hold for 3 days.
- Stop taking iron tablets and vitamins with iron 7 days prior to your scheduled exam.
- Please bring a list of your current medications (including dose) to the hospital

If you have any questions concerning these instructions, please call(314) 543-5200, Option 5, then dial 5977#. Please bring someone with you to drive you home due to sedation.