



Living Well Newsletter

A monthly e-publication provided by Esse Health

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As 2019 comes to a close, we would like to say thank you. Thank you for choosing Esse Health for all of your health needs. Your patient-centered team greatly enjoys serving you, and we look forward to helping you achieve your health goals in 2020.

On behalf of all of us at Esse Health, we want to wish you Happy Holidays and a healthy New Year!

Esse Health O'Fallon Pediatrics Welcomes New Physician

[Esse Health O'Fallon Pediatrics](#) welcomes pediatrician [Melissa Roewe D.O.](#) to its practice. Dr. Roewe is seeing patients at the office located at 9979 Winghaven Blvd., Suite 206 in O'Fallon MO.

Dr. Roewe is board certified in pediatrics and a graduate of Lake Erie College of Medicine. She has an interest in mental health, obesity, asthma, allergy, and healthy living. Most recently, Dr. Roewe practiced with Mercy Pediatrics at Technology Drive in O'Fallon, MO. Appointments with Dr. Roewe can be made by calling 636.561.5291.



Esse Health Hazelwood Florissant Internal Medicine Welcomes New Physician

[Esse Health Hazelwood Florissant Internal Medicine](#)

welcomes Marie Campagna, M.D. to its practice. Dr. Campagna will see patients at the office located at 637 Dunn Rd., Suite 170 in Hazelwood, MO.



Dr. Campagna is board certified in Internal Medicine and has a special interest in dermatology. She completed a residency in Primary Care Internal Medicine at the University of Connecticut in 2019. She also has a master's in Public Health from St. George's University and a master's in Business Administration from Davenport University. Appointments with Dr. Campagna can be made by calling (314) 838-5702.

Esse Health St. Charles Complete Care Offers Pediatrics

Know someone looking for a pediatrician in St. Charles? [Dr. Theodore Kremer](#) is now seeing patients at our [St. Charles Complete Care](#) office located at 1551 Wall St., in St. Charles, MO. Appointments with Dr. Kremer can be made by calling 636.669.7006.



Type 2 Diabetes Risk Test

Concerned you might be at risk for Type 2 Diabetes? Click [here](#) to take a quick 60 second risk test from the American Diabetes Association.



Esse Health Patient Portal

Need to pay a bill and don't have a Patient Portal account? You can now pay your bill by visiting www.essehealth.com and clicking on the "Pay My Bill" tab located in the top right of the screen. All you need is your account number!



Upcoming Events

Mark Your Calendars!

Save the date for these upcoming events and visit our [Calendar of Events](#) for details!

Ongoing: Taking Care of Diabetes classes.



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