7/30/2019



July 2019 Patient Newsletter

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33 Esse Health Physicians Named 2019-2020 Best Doctors in America ®

The Best Doctors in America® PEER SELECTED 2019-2020

We are proud to announce that 33 Esse Health physicians have been named to the Best Doctors in America® list for 2019-2020 by their peers and colleagues. Approximately 5 percent of doctors practicing in the United States are selected as a Best Doctor.

Join us in congratulating the following physicians:

Internal Medicine:

Dr. Susan Adams, Dr. Kathleen Brunts, Dr. Kathleen Cizek, Dr. Laura Crandall, Dr. Michael Fedak, Dr. Dion Fisher, Dr. Mark Fogarty, Dr. Snehal Gandhi, Dr. Thomas Hastings, Dr. Howard Hsu, Dr. Gary Maassen, Dr. Sean McLaughlin, Dr. Robert Oertli, Dr. Elizabeth Tracy, Dr. Stanley Vriezelaar, and Dr. Jerome Williams.

Pediatrics:

Dr. Patricia Amato, Dr. Matthew Dougherty, Dr. John Galgani, Dr. David Hartenbach, Dr. Shirley Knight, Dr. John Madden, Dr. Karen Norton, Dr. Peter Putnam, Dr. Joseph Schachter, Dr. Randall Sterkel, and Dr. Kristen Terrill.

Family Medicine:

Dr. Brett Foersterling, Dr. Paul Ganninger, Dr. Craig Holzem, Dr. Justin Hugo, Dr. Audrey Montooth, and Dr. Jennifer Sewing.

July is National Ultraviolet Safety Month

July is National Ultraviolet Safety Month and it's important to protect yourself from the sun while

outside. Click <u>here</u> to learn how to be safe in the sun from the American Cancer Society.

Join Esse Health at the 2019 LLS Light The Night Walk!



On Saturday, September 28th Esse Health employees, patients, family members and friends will join others at Cricket Field in Forest Park for the Leukemia & Lymphoma Society's annual Light The Night Walk. The purpose of the Walk is to raise awareness of leukemia, lymphoma, Hodgkin's disease and myeloma.

Click <u>here</u> to join the Esse Health team and we hope to see you on September 28th!!!

Esse Health Pediatrics is on Twitter

Esse Health Pediatrics now has its own Twitter page. @essehealthpeds focuses its attention on information and events of interest to parents and families. So if you are looking - or know someone who is looking - for parenting tips, advice or just general information about kids, click <u>here</u> and stay up-to-date with everything pediatrics!!!



Online Bill Pay Now Available

Need to pay a bill and don't have a Patient Portal account? You can now pay your bill by visiting <u>www.essehealth.com</u> and clicking on the "Pay My Bill" tab located in the top right of the screen. All you need is your account number!



Upcoming Events

Mark Your Calendars! Save the date for these upcoming events and visit our <u>Calendar of Events</u> for details!



Ongoing: Taking Care of Diabetes classes **September 28th:** LLS Light The Night

Esse Health | 12655 Olive Blvd, 4th Floor, St. Louis, MO 63141| 314.851.1000.

Providing healthcare to patients at 45 convenient locations across the St. Louis Metro area.



Confirm that you like this.

Click the "Like" button.