



Living Well Newsletter

A monthly e-publication provided by Esse Health

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Halloween Safety Tips

With Halloween right around the corner, it's very important to think about how to stay safe.

Healthychildren.org offers tips on how to be safe while trick-or-treating which include what to wear to be visible, safe ways to carve pumpkins and even how to make your front porch safe for trick-or-treaters visiting your house!



Click [here](#) to read the full article.

Esse Health Hazelwood Florissant Internal Medicine Welcomes New Physician

Hazelwood Florissant Internal Medicine welcomes Internal Medicine physician Katherine Scrivner, D.O. to its practice. Dr. Scrivner will see patients at the office located at 637 Dunn Rd., Suite 170 in Hazelwood, Missouri.



A St. Louis native, Dr. Scrivner is board certified in Internal Medicine and a graduate of Kansas City University. Dr. Scrivner works to know her patients individually to provide them with up-to-date patient tailored care. Appointments with Dr. Scrivner can be made by calling 314.838.5702.

Your Opinion Matters

We have partnered with a new vendor, Press Ganey, to deliver a more patient friendly survey experience. The new survey will now take only a few minutes to complete and your feedback is greatly appreciated!

esse
HEALTH

MEDICAL PRACTICE SURVEY

Progress: 0% 100%

CARE PROVIDER	Very Poor 1	Poor 2	Fair 3	Good 4	Very Good 5
DURING YOUR VISIT, YOUR CARE WAS PROVIDED PRIMARILY BY A DOCTOR, PHYSICIAN ASSISTANT (PA), NURSE PRACTITIONER (NP), OR MIDWIFE. PLEASE ANSWER THE FOLLOWING QUESTIONS WITH THAT HEALTH CARE PROVIDER IN MIND.					
1) Concern the care provider showed for your questions or worries	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Explanations the care provider gave you about your problem or condition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) Care provider's efforts to include you in decisions about your care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Esse Health Walked To Light The Night

On Saturday, September 28th employees, family members and friends walked to raise awareness of blood cancers. In addition to being a sponsor of the Leukemia and Lymphoma Society's 2019 Light the Night, Esse Health registered more than 40 walkers and raised more than \$5,300 to support blood cancer research. The Light the Night Walk is held nationwide in an effort to find a cure for leukemia,



lymphoma, Hodgkin's disease, myeloma, and improve the quality of life of patients and their families.

Medicare Annual Enrollment Now Open!

Don't forget Medicare Annual Enrollment will end on December 7th! For more information visit <https://www.medicare.gov/> or click [here](#) to schedule a free consultation.



Check Out Our New Videos

Know someone who is looking for a pediatrician or Internal Medicine / Family Practice physician? Well you're in luck! We just created two new videos you can share with your friends and family interested in Esse Health.



Click [here](#) to watch the new Pediatrics video.

Click [here](#) to watch the new Internal Medicine/Family Practice video.

Type 2 Diabetes Risk Test

Concerned you might be at risk for Type 2 Diabetes? Click [here](#) to take a quick 60 second risk test from the American Diabetes Association.



Flu Shots Now Available

Flu shots are now available at many of our offices. The official recommendation of the Center for Disease Control and the American Academy of Pediatrics is that everyone over the age of 6 months should get the flu vaccine. Click [here](#) to view the flu clinic schedule. If you don't see your physician's office, give them a call to schedule your flu shot.



Online Bill Pay

Need to pay a bill and don't have a Patient Portal account? You can now pay your bill by visiting www.essehealth.com and clicking on the "Pay My Bill" tab located in the top right of the screen. All you need is your account number!



Upcoming Events

Mark Your Calendars!
Save the date for these upcoming events and visit our [Calendar of Events](#) for details!



Ongoing: Taking Care of Diabetes classes

Providing healthcare to patients at 44 convenient locations across the St. Louis Metro area.



Esse Health | 12655 Olive Blvd, 4th Floor, Saint Louis, MO 63141

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