



Help Us Light the Night



Did you know approximately every 3 minutes someone in the US is diagnosed with a blood cancer and every 9 minutes someone dies from it?

The Leukemia & Lymphoma Society (LLS) is the world's largest voluntary health agency dedicated to blood cancer. LLS' annual Light the Night fundraising walk is Saturday, September 28th in Forest Park. Esse Health is a proud sponsor of this event which celebrates those who are fighting the disease and honors those we have lost. Click [here](#) to read inspiring stories of those who shined bright through the darkness of cancer.

Join the Esse Health Team and help us Light the Night!! The money raised at the St. Louis walk stays in St. Louis and supports medical research and patient assistance programs. Click [HERE](#) to register.

Check Out Our New Videos

Know someone who is looking for a pediatrician or Internal Medicine / Family Practice physician? Well you're in luck! We just created two new videos you can share with your friends and family interested in Esse Health.



Click [here](#) to watch the new Pediatrics video.

Click [here](#) to watch the new Internal Medicine/Family Practice video.

Medicare Annual Enrollment Begins October 15th!

Don't forget Medicare Annual Enrollment begins on October 15th. For more information visit <https://www.medicare.gov/> or click [here](#) to schedule a free consultation.



Flu Shots Now Available

Flu shots are now available at many of our offices. The official recommendation of the Center for Disease Control and the American Academy of Pediatrics is that everyone over the age of 6 months should get the flu vaccine. Click [here](#) to view the flu clinic schedule. If you don't see your physician's office, give them a call to schedule your flu shot.



Esse Health Pediatrics is on Twitter

Esse Health Pediatrics now has its own Twitter page. @essehealthpeds focuses its attention on information and events of interest to parents and families. So if you are looking - or know someone who is looking - for parenting tips, advice or just general information about kids, click [here](#) and stay up-to-date with everything pediatrics!!!



Online Bill Pay

Need to pay a bill and don't have a Patient Portal account? You can now pay your bill by visiting www.essehealth.com and clicking on the "Pay My Bill" tab located in the top right of the screen. All you need is your account number!



Upcoming Events

Mark Your Calendars!
Save the date for these upcoming events and visit our [Calendar of Events](#) for details!

Ongoing: Taking Care of Diabetes classes
September 28th: LLS Light The Night



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Providing healthcare to patients at 45 convenient locations across the St. Louis Metro area.



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