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| FOR IMMEDIATE RELEASE | **NEWS RELEASE** |
| DATE: | September 1, 2021 |
| for more info: | Matthew Curtis, Esse Health, mcurtis@essehealth.com or 314.851.1053 |

Esse Health St. Charles Complete Care Welcomes New Physician

ST. LOUIS – We are pleased to announce Fabian Oechsle, M.D. has joined Esse Health. Dr. Oechsle will see patients at Esse Health St. Charles Complete Care located at 1551 Wall Street in St. Charles, Missouri. He joins Dermond Henry, D.O. Elizabeth Maylack, D.O. Wendy Meyr-Cherry, M.D. Christopher Normile, M.D. and Nurse Practitioner Megan McLean. Appointments with Dr. Oechsle can be made by calling 636.669.7006

Born in Germany, Dr. Oechsle grew up in Australia before moving to the United States to play college baseball. He is a graduate of the Ross University School of Medicine. Dr. Oechsle completed his residency at the University of Arkansas School of Medicine in Texarkana, Arkansas, where he served as Chief Resident while working as an Emergency Room physician. Board certified in Family Medicine, Dr. Oechsle has a particular interest in preventative care and geriatrics.

Esse Health is a St. Louis-based, independent physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. Esse Health’s adult and pediatric primary care offices have been awarded Patient-Centered Medical Home (PCMH) 2014 Level 3 recognition by the National Committee on Quality Assurance. The U.S. Department of Health and Human Services’ Million Hearts Initiative recognized Esse Health as a Hypertension Control Champion for its success in helping patients control their high blood pressure. With 49 locations throughout the St. Louis and Metro East area, Esse Health’s services include asthma, allergy and immunology, child psychiatry, family medicine, gastroenterology, internal medicine, nutrition, orthopedics, pediatrics, radiology, and urology. Esse Health is a recognized leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit [www.essehealth.com](http://www.essehealth.com).