



# Living Well Newsletter

A monthly e-publication provided by Esse Health

## November 2025 Patient Newsletter



### New Pediatric Housecalls Episode

Listen as Dr. Terrill and Dr. Putnam dive into the most common questions surrounding vaccines. Why do people sometimes still get sick after receiving the flu shot? Are community immunity and herd immunity the same thing? Here are answers to these and other commonly asked questions. Click [here](#) to listen to the full episode or search "Pediatric Housecalls" wherever you listen to your favorite podcasts.



### Dr. Rowena Santos is Moving

On December 1st, Dr. Santos will see patients at the [Esse Health Primary Care Partners](#) office. If you have an appointment with Dr. Santos scheduled on or after that date, please note it will be at the new location.

## Dr. Alan Padua is Moving

On December 1st, Dr. Padua will see patients at the [Esse Health South County Internal Medicine](#) office. If you have appointments with Dr. Padua scheduled on or after that date, please note it will be at the new location.

## Medicare Annual Enrollment Ends December 7th!

Don't forget Medicare Annual Enrollment begins October 15th! For more information visit [www.medicare.gov/](http://www.medicare.gov/)



## Expecting? The Best Pediatrician for Your Baby is Closer Than You Think.

Esse Health Pediatrics. Top-ranked, Flexible, Trusted Care in your neighborhood.

[LEARN MORE](#)



Esse Health | 555 Maryville University Suite 240 | Saint Louis, MO 63141 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!