



FOR IMMEDIATE RELEASE

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NEWS RELEASE

Esse Health Walks for Heart Health

ST. LOUIS – Esse Health joined the American Heart Association in taking a stand against heart disease and helping save lives by participating in the 2011 Metro St. Louis Start! Heart Walk on May 14 at Busch Stadium. The independent physician group served as a sponsor of the event and its team included more than 160 registered walkers, raising more than \$4,000 for the AHA.

“The American Heart Association’s mission of building healthier lives that are free of cardiovascular diseases and stroke lies close to our hearts because heart disease impacts our patient population,” said Mike Castellano, Esse Health’s CEO and member of the AHA St. Louis board.

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health’s services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics and radiology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit www.essehealth.com.