Esse Health Welcomes In-House Physician Recruiter

ST. LOUIS – St. Louis-based Esse Health has added Elesha Sargent as an in-house physician recruiter to actively contribute to the successful recruitment of physicians who will have a positive influence on the patients and families they serve. Esse Health's Vice President of Operations, Richard Birkner, made the announcement.

In this new role, Sargent manages physician searches, from initial recruitment to the on-boarding process. Sargent develops and implements targeted candidate acquisition strategies and serves as the primary contact for physician candidates throughout the recruitment process.

Sargent comes to Esse Health most recently from Spherion where she served as a direct hire recruiter, generating clients and recruiting employees through networking and advertising. Prior to that, she worked at HSHS Medical Group as a senior provider recruiter, developing the provider recruitment department within the company and assisting with recruitment functions and social events for residents and physicians. She was solely responsible for all sourcing and recruitment of physicians and mid-level providers for the system. Sargent attended Missouri Southern University in the honors program.

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health's services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics and radiology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit www.essehealth.com.

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