



## **NEWS RELEASE**

**For Immediate Release**

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### **Esse Health Expands Allergy, Asthma & Immunology Group With the Addition of Dr. Mian**

**St. Louis, MO (October 6, 2009)** – Dr. Rabya Mian, M.D., joins Esse Health, one of the St. Louis region's largest independent physician groups. As a member of Gateway Asthma & Allergy Relief, Dr. Mian specializes in the treatment of allergies and asthma in children and adults. She is taking new patients at 9979 WingHaven Boulevard, Suite 206 in O'Fallon, Mo. Appointments can be made with Dr. Mian by calling (636) 561-5707.

Dr. Mian completed her internal medicine residency training at St. Luke's Hospital in 2004 and an allergy and immunology fellowship at Washington University School of Medicine in 2008. Dr. Mian is a member of the American Board of Internal Medicine and the American Board of Allergy & Immunology for Pediatrics and Adults. She is also a member of the American College of Allergy, Asthma and Immunology and the American Academy of Allergy, Asthma and Immunology.

#### **About Esse Health:**

Esse Health is a St. Louis-based physician group that has managed the health care needs of St. Louis area patients since 1996. Esse is recognized as a leader in using

technology in health care and physician accountability for both quality and cost-of-care.  
For more information on Esse Health, please visit [www.essehealth.com](http://www.essehealth.com).

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