



We Want You Well.

FOR IMMEDIATE RELEASE

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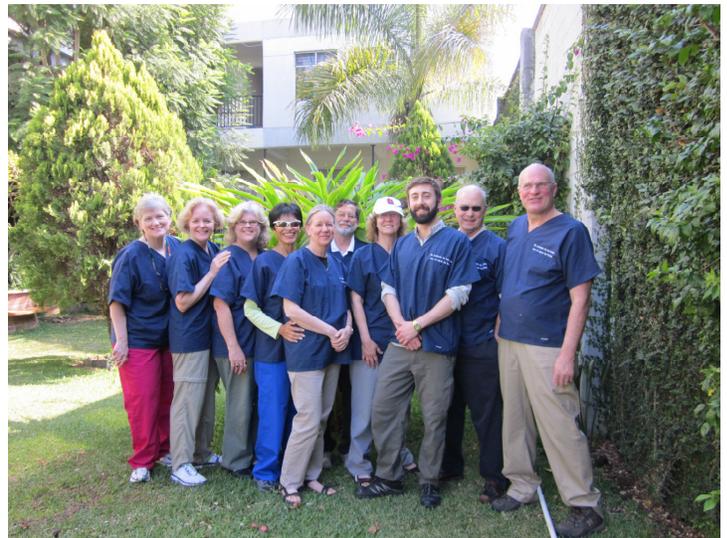
FOR MORE INFO: Claire Goldfarb, 314.571.6300 or cgoldfarb@WeAreHughes.com
Andrea Saeger, Esse Health, 314.851.1053

NEWS RELEASE

Esse Health Physicians, Nurses take Medical Mission Trip to Guatemala

ST. LOUIS – Four [Esse Health](#) medical professionals traveled to Guatemala for one week to provide health care services to residents who have very limited or no access to health care. Dr. Joyce Boehmer, Dr. Catherine Remus, Patti Sprich, RN, and Carla Moore Beckerle, ANP, along with six other volunteers, served more than 950 Guatemalans, from newborns to 92-year-olds, as part of a medical mission trip with the Children’s Christian Concern Society.

The group provided Guatemalans with health care services such as identification of diabetes, hypertension, pregnancy and parasite infestation during six days of clinics set up by the CCCS. The team will maintain contact with one of the native Guatemalan physicians and send him medications and supplies so he can continue to serve these residents. A photo of the 10-member group is to the right. (Sprich is the first person on the left, Beckerle is third from left, Dr. Remus is fifth from left, and Dr. Boehmer is fourth from the right.)



“The most rewarding part of the trip was the ability we had to make a positive impact on their quality of life,” said Beckerle. “Many of the patients we saw were often not aware they had any chronic disease and this was the first contact they had with any type of medical care.”

The group plans to return next year with the addition of a dentist. For details on Children’s Christian Concern Society, visit <http://cccskids.org/>.

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health’s services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics and radiology. Esse Health is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit www.essehealth.com.