

FOR IMMEDIATE RELEASE

NEWS RELEASE

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## Esse Health Adds Dr. Pelikan

ST. LOUIS – Esse Health, one of the St. Louis region’s largest independent physician groups, has added Mark Pelikan, D.O., to its list of 75-plus practitioners (photo available at <http://budurl.com/Pelikan>). Dr. Pelikan is board certified by the American Academy of Family Physicians, but focuses primarily in adult care. He is accepting new patients at the Esse Health Florissant Internal Medicine Office, located at 125 Dunn Road in Florissant. Appointments can be made by calling 314-838-5702.

Prior to joining Esse Health, Pelikan was a staff physician at DePaul Hospital. Pelikan is a member of the American Osteopathic Association, the Missouri Association of Osteopathic Physicians and Surgeons and the American Board of Independent Medical Examiners and serves as president of the St. Louis district of Osteopathic Physicians & Surgeons. Pelikan received his medical degree from Kirksville College of Osteopathic Medicine in Kirksville in 2000 before completing his family medicine residency training at Forest Park Hospital in St. Louis in 2002.

### About Esse Health:

Esse Health is a St. Louis-based physician group that strives to improve the overall well-being of its patients through patient education, lifestyle modification and prevention. With 28 locations throughout the St. Louis and Metro East area, Esse Health’s services include asthma, allergy and immunology, family medicine, internal medicine, nutrition, pediatrics and radiology. Esse is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, visit [www.essehealth.com](http://www.essehealth.com).