



NEWS RELEASE

For Immediate Release

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Dr. Shah Joins Esse Health

St. Louis, MO (August 7, 2009) – Dr. Sonal Shah, M.D., joins Esse Health, one of the St. Louis region's largest independent physician groups. Dr. Shah is an internist and will be taking new patients at Esse Health Tesson Internal Medicine located at 13303 Tesson Ferry Road in St. Louis, Mo. Appointments can be made by calling 314-842-4744.

Dr. Shah completed her internal medicine residency training at Hennepin County Medical Center in Minneapolis, Minn. in 2006. Since 2007, Dr. Shah has been an internist at Advocate Trinity Hospital. She received her medical degree from the American University of the Caribbean – St. Maarten, Netherlands Antilles in 2003.

About Esse Health:

Esse Health is a St. Louis-based physician group that has managed the health care needs of St. Louis area patients since 1996. Esse is recognized as a leader in using technology in health care and physician accountability for both quality and cost-of-care. For more information on Esse Health, please visit www.essehealth.com.

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